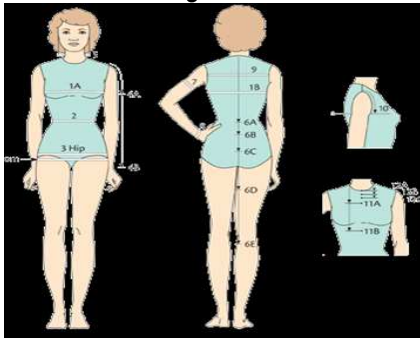


March 2012

Email: sptbgknitguild@gmail.com

Meeting Date
Saturday, March 31st
“KNIT TO FIT”
Know your size



Learn how to read a pattern for size

Learn sweater types and yarns for your shape

Guild meeting is the LAST Sat morning of every month, 9 a.m. to 10 a.m.

North Woods Yarn Shop

We'll have coffee ready
If you would like to bring snacks or breakfast treats, we love to have them..... ☺

Please bring to meeting!!!



1. a new or fairly new cloth measuring tape (they stretch with age.)
2. your favorite sweater, because of the way it fits
3. some scrap yarn to tie around waist
4. a pad to take notes and pencil or pen

Very important! Don't wear any bulky top. Wear one that fits fairly close for measuring.

Sit & Knit's

3rd Monday @ Month

6 PM

Sit & knit at Seventh Day Adventist Church, our previous location

Barnes & Noble

Saturday, Feb 11

10 am until noon, café area

Also a
Sit & Knit
Immediately following our monthly meeting

2012 Guild Officers

Chairperson: Becky Whitt

Committee:

Eileen Migiano

Cathy Grooms

David Stack

Lynne Henderson

Treasurer: Julie Farmer

Secretary: Jennifer Cantrell

Hostess: Connie Hall

Charity News:

The guild officers met last Saturday and decided on 2 charities to focus on this year.....

1. **“Safe homes” in Sburg**
Pretty soap bag & wash cloth,,guild will provide soap, and patterns.
Connie Hall, Eileen & Becky chairpeople
2. **Scarves for Special Olympics**, colors to be announced later,,Cathy Grooms & Julie Farmer chairpeople



GUILD DUES – \$15.00

Your 2012 dues are due in February.....

Please pay to our treasurer Julie Farmer

Please make ck out to Spartanburg

Knitting Guild

You can mail them to:

Julie Farmer

311 Cleve Bush Dr.

Inman, SC 29307

“THE YEAR OF TECHNIQUES”

Mar – How to take your measurements to knit garments to fit

Apr – Begin a knit-a-long
A nice summer sweater in sizes 32” to 56”, **Sprout Growing Roots**
You will learn to knit a sweater from top down, cables, buttonholes

May – Let’s have breakfast, sit & knit/Show & tell, work on Sprout

June – Buttonholes

July- Sit&knit/Show & tell

Aug – Learn the tricks to weaving in ends

Sept – Learn invisible seaming

Oct – Learn cast on methods

Nov – Let’s have breakfast
Sit&knit/ Show & tell

Dec – Holiday Party Potluck
Tentatively planned for
Sburg Westside Library,
Mon evening, Dec 17

Jan – Learn bind off techniques

2012 Calendar of events

April 19 - 22,
Stitches South, Atlanta

May 18 - 20, Raleigh, NC
Carolina Fiber Fest

June 22 - 24, Charlotte, NC
Charlotte Fiber Fest

Sept 20 - 23, Knit-a-Way in the
Mtns. Our 9th annual retreat!

Oct 26 - 28, Asheville, NC
SAFF

*** if you know of events to add,
please let me know
beckywhitt85@gmail.com

SPROUT GROWING ROOTS...
Our Knit-a-Long sweater beginning in
April.....



**LEARN TOP DOWN SWEATER
KNITTING, CABLES, BUTTON
BANDS, BUTTONHOLES,**

**MAKE IT ANY SLEEVE LENGTH
OR SWEATER LENGTH YOU LIKE**



SPROUT – GROWING ROOTS

*(top down, with longer lengths in arms
and body)*

See the original [HERE](#)

Sizes: XS(S,M,L, XL,2X,3X)

Measurements at Bust: 32(36,40,44,48,52,56)

Yarn estimates in yards (Worsted weight – check gauge):

Short sleeve/super cropped: 500(530,580, 630, 670, 720, 760)

Short sleeve/ longer body:

650(700,750,800,850,900,950)

Long sleeve/super cropped body:

600(630,680,730,770,820,860)

Long sleeve/ Longer body: 720(800, 880,960,1100, 1200,1300)

Men's: 1000(1250,1500,1750,2050,2200,2450)

Gauge: 18 sts and 25 rows =4 inch over stst

Needles: US6 (4.5mm) or size needed to obtain gauge you need DPN's and a circular.

Tools: darning needle for seaming, waste yarn or stitch holders

****notes****

1. Read everything first so you don't get a surprise, though it is pretty straight forward. There are a lot of new options and sizing so it may help to circle or highlight the ones that you want.

2. I've marked the increasing stitches as [M1] please note that you can work these as YO, M1, or Kfb. I usually do the sleeve ones as a Kfb and the waist shaping as M1. I'm doing M1's with a twist for all of them. Basically M1 with a twist (my words) is just a Make one that you put a twist in and pull

tight so it doesn't make a hole.

3. All of the 2x2 ribbing that is worked flat should start and end with K2 on the RS. This will make it look even and balanced.

Inset Pattern:

R1: P1, K4, P1

R2 and 4: K1, P4, K1

R3: P1, C4B, P1

These 4 rows make up the inset cable pattern.

***C4B = place 2 stitches on a cable needle and hold to the back of your work, knit the next 2 stitches from the LHN, then knit the 2 stitches from the Cable needle. (if you want matching cables you can alternate C4B and C4F for each shoulder)**

CO 82(86,90,94,98,102,106) sts using a stretchy cast on method.

work 1 inch in 2x2 rib

RS row – Left front Knit 12(13,14,15,16,16,17) PM, work inset pattern, PM, sleeve Knit 5(5,5,6,6,7,7) PM, work inset pattern, PM, Back Knit 24(26,28,28,30,32,34), PM, work inset pattern, PM, sleeve Knit 5(5,5,6,6,7,7) PM, work inset pattern, PM, Right front Knit the remaining 12(13,14,15,16,16,17)

Working the appropriate row of the inset pattern slipping markers as necessary:

Work the WS row back, work to the last

7(8,9,10,11,11,12) sts, wrap turn, work a RS row to the last 7(8,9,10,11,11,12) sts, wrap and turn, *Work a WS row back to the last 2 sts before the previous wrap, wrap and turn, work a RS row to the last 2 sts before the previous wrap, wrap and turn. Repeat from * 1(1,1,2,2,2,3) more times.

Next row is a WS row - work back working in wraps. Work the next RS row working in the wraps and working it as an increase row :

*Work to the marker, M1, SM, Work inset pattern, SM, M1, - repeat from * around, ending with knitting the remaining stitches.

WS row, work stitches as they appear.

Repeat these rows until you have worked

9(9.5,10,10.5,11,12,12,13) inches from the cast on edge.

*Work over to the first marker, remove marker, knit 3, CO 3(3,3,4,4,4,5) sts. PM, CO 3(3,3,4,4,4,5) sts Place the stitches up to the next marker, all the stitches to the following marker, plus 3 (removing all markers as you go all on a thread for the sleeve. Knit 3, remove the last marker for that side. Repeat from * once. Knit to the end of row. Purl back.

If you wish to have a straight bodied sweater, skip this part and knit in stst until you have reached the desired measurement or the measurements listed below the next paragraph.

Work in stst until your piece measures 2(2,2.5,3,3.5,3.5,4) inches from the armhole. Start waist shaping. R1: *Knit to 3 sts to the next marker, K2tog, K1, SM, K1, SSK. Repeat from *. Knit to the end of row. R2-4: work in stst. Repeat rows 1 through 4 two more times. Work 4(4,4,6,6,8,8) rows even. R5: *Knit to 1 st before the next marker, M1, K1, SM, K1, M1 – Repeat from *. Knit to the end of row. Row 6-8: work in stst. Repeat rows 5 through 8 two more times. Work even until the sweater measures 2 inches shy of the desired length (or the follow the length listed below). Work 2 inches in 2x2 rib.

Length underarm to bottom of hem (including ribbing):
Women's super cropped: 6(6,6.5,6.5,7,7,7.5) inches
Women's: 13(13.5,14,14.5,15,16,16.5) inches
Men's: 17(17.5,18,19,20,21,22) inches

Sleeve (you need to do the same thing for both sides, not that you didn't know that already):
Put all the stitches from the thread onto your circular needles or double points. Pick up and knit 3(3,3,4,4,4,5) sts from the body, work across the stitches that you picked up from the thread, pick up and knit 3(3,3,4,4,4,5) sts from the body, PM for beginning of round. Work one more round even in stst
Next round, K1, K2tog, knit to 3 sts before the end of round, SSK, k1.
Work 5 rounds in stst.
Repeat these rounds until your piece measures 2 inches less than the desired length. (or see my length chart below this paragraph). Since I'm not putting in actual stitches here because there are so many variables now (long sleeve, short sleeves, $\frac{3}{4}$ length, men's) be sensible and if you're decreasing, too much, stop and knit plain to the desired length less inches. Work 2 inches in 2x2 rib.

Sleeve length (underarm to cuff including ribbing):
Women's short (elbow length) sleeves:
7.5(7.5,8,8,8.5,8.5,9) inches
Women's $\frac{3}{4}$ sleeves: 12.5(12.5,13,13,13,13.5,14) inches
Women's Long sleeves: 17(17,17.5,17.5,18,18,18.5)

inches

Men's Long sleeves: 18(18,18.5,19.5,20,20.5,21) inches

Button Bands:

Pick up and knit:

Women's Super cropped: 42(46,50,54,58,62)sts

Women's: 78(82,86,90,94,98,102) sts

Men's: 98(102,206,110,114,118,122) sts

Work 5 rows in 2x2 rib then BO in a super stretchy BO. Depending on the length you are doing, and the side, be mindful of your button holes. I plan mine out using safety pins so they're even and balanced.

Finishing

weave in all ends. I also knot them, since its cotton, before I weave them in.

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