



## Lady Pirate Soccer 2005 Season News

May 17, 2005

*Remember, these Newsletters are up on the WEB – go to [www.johndoty.us/phx](http://www.johndoty.us/phx) and follow the links to the BucsBlog*

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### WELCOME INCOMING FRESHMEN!!!

This month, the newsletter is available at Talent Middle School. Eighth graders and their parents are encouraged to contact John with any and all questions you may have!!

### CAMPS, JAMBOREES, FRIENDLIES

 Concordia University coach Grant Landy, will repeat the 2004 camp, this time down on OUR fields. UK International will provide the second camp. FC Phoenix is co-sponsoring both camps and registration information is available at the "Camps" link at [www.fcphoenix.us](http://www.fcphoenix.us). We will be joined at this camp by North Valley, as well as players from at least one other team. **PLEASE complete the registration forms and turn them in if you plan to go** (you can mail them directly to Concordia or ask me to forward them).

*If you WON'T be going, I need to know soon, so I can get more players in from other schools.*

Concordia will be \$115



We also have an FC Phoenix sponsored camp by UK International. Registration information is also at [www.fcphoenix.us](http://www.fcphoenix.us).

**Other summer activities** will take place on the following dates: July 9, July 23, July 30, and Aug 13. These dates will be 3 mini-Jamborees and the Bend trip – which is which is not yet firm.

### FITNESS and SKILLS OPPORTUNITIES

This news is primarily for the incoming freshmen! Everyone else has seen it twice before ☺

- ☒ The corner of Elm and Amerman in Phoenix is also known as Huff-n-Puff Hill. We have scheduled runs three mornings (MWF) a week, from 8am to 9am starting **June 15** (change from Jun 13) and going until the end of July.
- ☒ Open Fields are every Wednesday from July 6 through 27 at Phoenix HS. GK sessions start at 6pm, everyone else at 7pm. Play for ≈ 1 hour.

### NEWS

#### Daily Doubles

In recent years, we have avoided a true "two a day" training pattern, instead going twice on MWF and once on TT. That will continue in 2005, with one slight adjustment. Once the Varsity/ JV Split has occurred, the Varsity will MEET for video and a system walk-through session once, and JV will have a similar session on a different day.

In 2005, training will start with an 8:00am session on Aug 22. Sessions will be EVERY morning at 8:00am, and MWF evenings at 5:00pm. The Varsity evening walk-through will be August 25. The JV walk-through will be August 30. In lieu of training on September 2, we host a Jamboree – Varsity girls will be at our field the entire day. JV players may attend a Jamboree elsewhere.

#### Parents

We need to **staff the Jamboree** on September 2. The tasks include coordinating concessions, staffing concessions, staffing the coaches/referees' hospitality tent, setup and takedown, and other assorted tasks. If you are interested in helping, contact John!

**Mandatory Parent Meeting:** all school activities meet with parents to discuss policies and expectations particular to the activity and general to the school. The Lady Pirate Soccer Parent meeting will take place on Weds, Aug 24 immediately following the evening training session

### PHYSICALS

Physicals are **REQUIRED** for participation. You don't **HAVE** to get them from the school-provided session, but it makes things **MUCH** easier. PHS will be offering Physicals on August 18 and will cost \$20. Meet in the PHS Commons.

#### Uniforms

We **MAY** be getting a new Varsity set... Turns out we are losing a **LOT** of the numbers (people are **OVERDRYING**...but it's a bit of a design flaw). Expect a return of the Dresden Navy set and new Home Whites. Rumor is the JV are retiring theirs, as well. More **VERY SOON!!**

*Lady Pirate Soccer on the Web*

[www.johndoty.us/phx/](http://www.johndoty.us/phx/) links to EVERYTHING Phoenix Soccer. Your first stop should be the BUCSBLOG!