



## December 2008 CHELAN-DOUGLAS RESOURCE DIRECTORY

**TO:**

**FROM:** Reneé Hunter, Executive Director, Chelan-Douglas TOGETHER For Drug Free Youth

Attached is the annual published edition of the *Chelan-Douglas Social Service Directory*.

**CHANGES & REVISIONS:** There have been a number of changes — some services have ceased to exist, others are new. Below and on back of this letter is a listing of changes during the past year. The web site also contains a PDF file on changes that is updated when interim editions are placed on the web site.



- Interim revisions may be found at <http://webpages.charter.net/starjim>.
- Also, a listing of recent changes in services, locations, phone #, etc..

**☐ COPIES:** This may be the only MASTER copy your agency receives. Copying & distribution of this directory is encouraged, as long as there is no charge = FREE. Please share it with your staff, clients and the general public. A poster size is also attached; if you wish to make additional posters, copy onto 11 X 17 paper and enlarge at 129%.

**DIRECTORY PURPOSE:** The PRIMARY PURPOSE of the directory is for agencies and groups to give the directory to their clients and the general public.

**DIRECTORY LISTING LIMITS:** Inclusion in the directory requires that the agency/group: (1) be government or non-profit and that (2) they provide direct social services. For the definition of Non-Profit, a group does not have to be a formal 501c3 but a "Not-For-Profit". Since this is a directory for clients and the general public, an agency or group which does not provide direct client services is not included. If an agency wishes to use the directory as an agency directory, it is important for staff to know that not all community social services and agencies are listed — only those social services that are SELF-REFER and those agencies who provide DIRECT social services.

**DIRECTORY LAY-OUT:** Our goal is to limit the directory to a single 8½ X 11 page, which enables agencies and groups to make copies at minimum cost. The directory is basically ALPHA listed by agency name. There are, however, several underlined areas where services are grouped together, e.g. Mental Health, Seniors, Training, Transportation, Veterans, etc.

**CHANGES:** Changes since the last published edition on November 13, 2007 follow. For more detailed information on changes go to the web site <http://webpages.charter.net/starjim> and open the "CHANGES" PDF file.

- AARP Senior Employment Program — CORRECTED — Phone should have been 665-3704.
- Aging & Adult Care — REVISED SERVICE LIST — Info & Assistance, Relatives as Parents, Family Caregivers, Chore/Personal Care, Respite, Home Delivered Meals, for seniors 60+ & functionally disabled adults 800-572-4459. 50 Simon EAST WEN
- Antioch Adoptions — NEWLY LISTED — No fee adoptions for Christian families at 11 N Chelan Ave Wenatchee 888-2768. Antioch Adoptions is a licensed, no fee adoption agency.
- Catholic Family Services — NEW SERVICES ADDED — Mental Health Support through PACT which is a program designed to assist hard to serve people with mental illness and keep them in the community. Also added Developmental Caretaker Support which is a developmental disabilities crisis service designed to offer training and intervention to care providers of individuals with developmental disabilities.
- Children's Home Society — NEW SERVICE ADDED — Boost! Education Mentoring 663-0034.

- Community Action Council — REVISED SERVICE LIST — Added Intermountain AmeriCorps.
- Community Choice — NEW SERVICE ADDED & PHONE CHANGED — Help access affordable health care & provide SHIBA Health Insurance information.
- Community Technology — MOVED — To Community Action Council office at 620 Lewis Street. Phone same as Community Action 662-6156.
- DSHS Home & Community Services — PHONE CORRECTED — To 886-6140.
- Faithsteps Housecleaning (listed under CANCER) — NEWLY LISTED — Provide free housecleaning for women undergoing treatment for cancer - in Wenatchee area. Call Mary Reiman for information 884-7614.
- Health District — REVISED SERVICE LIST — to HEALTH DISTRICT/Public Health - Birth/Death Certificates, WIC, Communicable Diseases & TB Control, Children with Special Health Care Needs, Environmental Health (food handlers, drinking water, land use) 200 Valley Mall Pkwy EAST WEN 886-6400.
- Home Care Referral Registry — NEWLY LISTED — Matches the needs of Washington State residents with pre-qualified in-home care providers. To qualify must be a recipient of publicly funded in-home long term care.
- Hospitality House — DINNER HOUR CHANGED — from 5:30 PM to 6:00 PM.
- In-Home Care of Central Washington – DELETED — Okanogan Regional Home Health ended their services on September 1, 2008
- Kinship Caregiver — NAME CHANGED — To RELATIVES AS PARENTS - Information, referral, & limited funding for assistance in raising the children. Contact & phone remains Nancy Thorn at 886-0700 Extension 234.
- Meals Home Delivered — NEWLY LISTED — Hot meals for homebound aged 60+ in all communities of Chelan & Douglas Counties 1-800-635-4391. This is a different program from Mobile Meals.
- Mission Vista — NEWLY LISTED — Residential & Vocational Services for adults with Developmental Disabilities. Administration Office 205 Palouse Wenatchee 663-1069.
- Pediatric Therapy Center — REVISED — Moved listing from under Developmental Disabilities into a *stand alone alpha listing*. Revised wording to read: Pediatric Therapy Center Child 0-3, Speech, OT/PT Therapy, Autism Specialist 663-6001.
- Red Cross — REVISED SERVICE LIST — Lifeguard Training (new) has replaced Swimming & Life-Saving.
- Upper Valley Mend in Leavenworth — REVISED SERVICES — changed from Developmentally Disabled Services to Home for Developmentally Disabled Adults.
- Upper Valley Free Clinic — REVISED NARRATIVE — Low-income medical care for those living in the Leavenworth area. Monday 6:30-8pm - no appointment - no contact phone - just stop in at Cascade Med Center, which furnishes the facility. Sponsored by several service providers.
- Veteran Services in East Wenatchee — REVISED SERVICES — Help Vets with VA benefits & disability claims Mon-Fri after 10AM at 11th & Baker 884-3617.
- VISION: Council of the Blind — NEWLY LISTED — 1-800-255-1147. Located at 1503 5<sup>th</sup> Ave W, Seattle, WA 98119. Provide once-in-a-lifetime financial assistance for food, medicine or utilities up to \$1,000; for the blind.
- WIC Food Program at Columbia Valley Community Health — CORRECTED — Located at 504 Orondo, Suite C (not at main clinic) — Phone number was listed correctly 664-3771.
- Women's Resource Center — REVISED SERVICES — Advocacy for women and their children, Food, Clothes, Hygiene, Household items 662-0121 at 20 Adams WEN.
- Worker Retraining Program — PHONE CHANGED — To 682-6843.

#### **SUPPORT GROUPS**

- ALS (Amyotrophic Lateral Sclerosis) — DELETED — Group no longer meets.
- Alzheimers Telephone Support Group — NEWLY LISTED — A telephone support group that offers the benefits of a traditional face-to-face support group without the need to leave home. Call 1-800-848-7097.
- Autism Support Group — CONTACT CHANGED — To Mike Schoenwald at Parent-To-Parent. 630-2370.
- Cancer (in Chelan) — NEWLY LISTED — call Anne Brooks at 682-8718 for information.
- Chelan Mothering Group — DELETED — Group no longer meets.
- Deployed Forces — NEWLY LISTED — For the spouses, children and parents of deployed military.
- Diabetes Support Group — CONTACT PHONE CHANGED — To Mary Zornes at Columbia Valley Community Health. 664-3524
- Interstitial Cystitis — NEW CONTACT — Lisa DeVera at 663-6755.
- La Leche League — ADDITIONAL CONTACT — Annette Mueller at 664-0186.
- MOPS (Mothers of Preschoolers) in East Wenatchee — PHONE CHANGED — to 884-7670.
- MOPS (Mothers of Preschoolers) in Leavenworth — NEWLY LISTED — Support Group for mothers of children ages birth through kindergarten. For more information call Becca Heeren at 548-2226.
- MOPS (Mothers of Preschoolers) in Wenatchee — NEW CONTACT — Stephanie Hersh at 886-8430.
- Mothers With Small Children — DELETED — Group no longer meets.
- Ostomy — NEWLY LISTED — A new support group provided at Wellness Place. 662-6069.
- Overeaters Anonymous in Chelan — PHONE CHANGED — To 682-2763. Contact is still Sharon.
- Peripheral Neuropathy — NEWLY LISTED — A new support group provided at Wellness Place. 662-6069.
- Visions for Tomorrow's Children — NEWLY LISTED — Designed to help families who have children & adolescents with mental health and/or behavioral disorders. For info call Dena at 886-3677.

#### **FOOD BANKS**

- Chelan Food Bank — MOVED — to 518 E. Woodin Ave in Chelan. This is in the lower level of the Habitat For Humanity Thrift Store. Hours are the same...Tuesdays 9:00 AM to 11:00 AM. For info call Paul Polumbo at 682-9063.