

Du Mai (Governing)



Important Points:

Master	SI 3
Couple	UB62

Description:

Starts in the lower abdomen. One branch passes posteriorly and inferiorly along the lower spine and joins the kidneys. The other emerges at the perineum and travels exteriorly up the posterior aspect of the back all the way over the top of the head. A branch passes inside the head and enters the brain. The channel continues down the anterior of the head down the center line and enters the mouth at the junction of the upper lip and gum.

Point Locations

AcuPoint	Point Location
GV 1	Midway between the tip of the coccyx and the anus, locating the point in prone position.
GV 2	On the hiatus of the sacrum.
GV 3	Below the spinous process of the 4th lumbar vertebrae, at level with the iliac crest.
GV 4	Below the spinous process of the 2nd lumbar vertebrae.
GV 5	Below the spinous process of the 1st lumbar vertebrae.
GV 6	Below the spinous process of the 11th thoracic vertebrae.
GV 7	Below the spinous process of the 10th thoracic vertebrae.
GV 8	Below the spinous process of the 9th thoracic vertebrae.
GV 9	Below the spinous process of the 7th thoracic vertebrae, approximately at level with the inferior angle of the scapula.
GV 10	Below the spinous process of the 6th thoracic vertebrae.
GV 11	Below the spinous process of the 5th thoracic vertebrae.
GV 12	Below the spinous process of the 3rd thoracic vertebrae.
GV 13	Below the spinous process of the 1st thoracic vertebrae.
GV 14	Below the spinous process of the 7th cervical vertebrae, approximately at level with the shoulders.
GV 15	.5 cun directly above the midpoint of the posterior hairline, in the depression below the spinous process of the 1st cervical vertebrae.
GV 16	1 cun directly above the midpoint of the posterior hairline, directly below the external occipital protuberance, in the depression between m. trapezius.
GV 17	On the midline of the head, 1.5 cun directly above GV 16, superior to the EOP.
GV 18	On the midline of the head, 1.5 cun directly above GV 17, midway between GV 15 and GV 20.
GV 19	On the midline of the head, 1.5 cun directly above GV 18.
GV 20	On the midline of the head, 7 cun directly above the posterior hairline, approximately on the midpoint of the line connecting the apexes of the two auricles.
GV 21	On the midline of the head, 1.5 cun anterior to GV 20.
GV 22	2 cun posterior to the midpoint of the anterior hairline, 3 cun anterior to GV 20.
GV 23***	1 cun directly above the midpoint of the anterior hairline.
GV 24**	.5 cun directly above the midpoint of the anterior hairline.
GV 25*	On the tip of the nose.
GV 26***	A little above the midpoint of the philtrum, near the nostrils.
GV 27*	On the median tubercle of the upper lip, at the junction of the skin and upper lip.
GV 28*	At the junction of the gum and frenulum of the upper lip.