

Spleen Foot Taiyin Channel

Time: 9am - 11am

Important Points:

Jing Well	Ghost Pt	SP 1
Ying Spring		SP 2
Shu-Stream Yuan Source		SP 3
Jing River		SP 5
Luo Connecting		SP 4
Xi-Cleft		SP 8
He Sea		SP 9
Mu Alarm		LV 13
Back Shu		BL 20

Description:

It originates at the medial side of the tip of the big toe, runs along the medial aspect of the foot, passing inferiorly and anteriorly by the medial malleolus. It follows the posterior border of the tibia up the medial aspect of the leg and knee. It passes along the antero-medial aspect of the thigh to the lower abdomen where it passes inferiorly to intersect with the stomach and spleen. It reemerges and ascends four cun lateral to the midline, then 6 cun lateral to the midline reaching the second intercostal space before descending down the mid-axillary line to the 7th intercostal space.

A branch ascends from the spleen through the diaphragm to the esophagus and up to the bottom of the tongue. A different branch ascends from the stomach and passes up to the heart.

Point Locations

Group Luo Pt: SP 6, 3 Yin of the leg

AcuPoint	Point Location
SP 1	On the medial side of the great toe, .1 cun posterior to the corner of the nail.
SP 2	On the medial side of the great toe, distal and inferior to the first metatarso-digital joint, at the junction of the red and white skin.
SP 3	Proximal and inferior to the to the head of the first metatarsal bone, at the junction of the red and white skin.
SP 4	In the depression distal and inferior to the base of the first metatarsal bone, at the junction of the red and nd white skin.
SP 5	In the depression distal and inferior to the medial malleolus, midway between the tuberosity of the navicular bone and the tip of the medial malleolus.
SP 6	3 cun directly above the tip of the medial malleolus, on the posterior border of the medial aspect of the tibia.
SP 7	3 cun above SP 6, on the line joining the tip of the medial malleolus and SP 9.
SP 8	3 cun below Sp 9, on the line joining the tip of the medial malleolus and SP 9.
SP 9	On the lower border of the condyle of the tibia, in the depression on the medial border of the tibia.
SP 10	When the knee is flexed, the point is 2 cun above the mediosuperior border of the patella, on the bulge of the medial portion of the muscle quadriceps femoris.
SP 11	6 cun above SP 10%, on the line drawn from SP 10% to SP 12.
SP 12	Superior to the lateral end of the groove, on the lateral side of the femoral artery, at the level of the upper border of the symphysis pubis, 3.5 cun lateral to CV 2.
SP 13	.7 cun laterosuperior to SP 12, 4 cun lateral to the Ren meridian.
SP 14	1.3 cun below SP 15, 4 cun lateral to the Ren meridian, on the lateral side of the muscle rectus abdominis.
SP 15	4 cun lateral to the center of the umbilicus, lateral to the muscle rectus abdominis.
SP 16	3 cun above SP 15, 4 cun lateral to CV 11.
SP 17	In the 5th intercostal space, 6 cun lateral to the Ren meridian.
SP 18	In the 4th intercostal space, 6 cun lateral to the Ren meridian.
SP 19	IN the 3rd intercostal space, 6 cun lateral to the Ren meridian.
SP 20	In the 2nd intercostal space, 6 cun lateral to the Ren meridian.
SP 21	On the mid-axillary line, 6 cun below the axilla, midway between the axilla and the free end of the 11th rib.