

1. Auricular Diagnosis

Visual observation of skin surface changes

- dark colored spots
- white skin
- physical protrusions (don't need pustules, or irritations)
- ear lobe creases

Dark colored sport

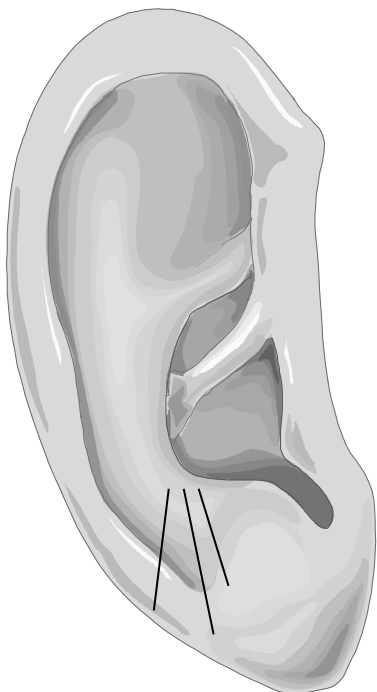
- Shiny red, purple or brown – acute inflammation
- Bright red – pain
- Dark red – chronic
- Dark brown or dark grey could indicate tumors
- Do not confuse with freckles (which are normal)

White skin

- Flaky or dandruff like skin indicates chronic condition
- Whiteness surrounded by redness in the heart region indicates rheumatic condition

Ear Lobe Creases

- Groove of coronary heart disease – the center crease of the lobe (#1 statistical indicator)
- Groove of Hypertension is more forward
- Groove of Tinnitus is further back



Auricular Tx Methods

- Needles with or without electro
- tacks
- seeds – (vicaria, cabbage, mustard-may redden the ear a little bit, but has a bit of antibacterial property to it.)
- hand held e-stim
- laser (used experimentally only by acupuncturist and M.D.)
- magnets/pellets (maybe don't use ion pellets in the ear)
- Transdermal needle.

Addiction Axis Lines

See pictures

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Nada Treatment Points

- Don't go for the tender points, just put the points in (Set up so an acupuncture person can do it.) Don't treat drug addiction in your practice! They need more help than you can give. You'll just enable them.... There's more to it than just taking away the physical addiction.
- lung
- shen men (Neuro gate)
- sympathetic /autonomic
- kidney
- liver
- Alternative – point zero, shen men, sympathetic, kidney, brain, limbic

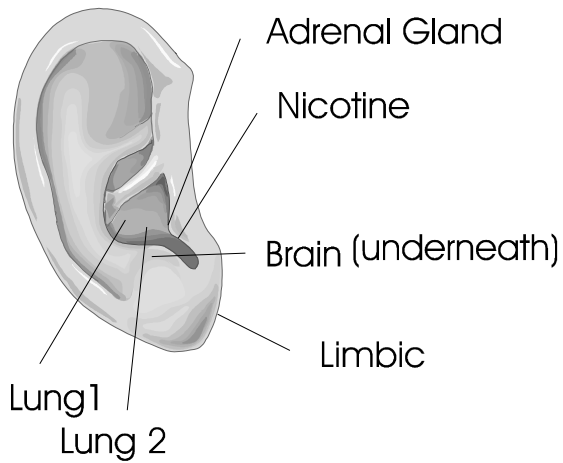
Smoking Cessation

If a person is addicted, they are often taking more than 2 packs a day. This way there is an actual physical dependency. W/o that amount, they aren't actually addicted to nicotine. It's a lot harder. (Get a group or something for the smokers... A support group is going to be more helpful perhaps.)

- Primary points
 - Nicotine
 - Lung 1 and Lung 2 (80 hx +2 minute or needle +20 minutes)
 - Mouth
 - Point zero
 - Shen men
 - Sympathetic/autonomic
 - Brain

Craig will all ST36, SP6, LU1 (clear out the lungs of toxins), CV17, either LU7 or (half way LU7 and LI5) Timmee

Supplemental points: Adrenal Gland ©, Aggressivity, Limbic System, Hunger
(use adrenal with kidney issues, use limbic with trying to clear things out of the body or when emotions are overriding your emotions)



E-stim between lungs or lung and ear shen men

Weight control

- Appetite control
- Stomach
- Mouth
- Esophagus
- Small Intestines
- Shen Men
- Point Zero

If someone is hungry all the time, then this might work. It's more of an appetite control. It takes away hunger pain, but it doesn't lead to immediate results.

Supplemental points: thalamus, master sensorial point, master cerebral, endocrine point, anti-depressant point, adrenal gland ©, brain, san jiao

Go with the TCM diagnosis to guide you on body points here.